

03.18.11



COMMUNITY MENTAL HEALTH AUTHORITY  
CLINTON • EATON • INGHAM

You are Cordially Invited to the  
**Annual Community Breakfast Event**

Friday, March 18, 2011

9:30 am-11:00 am

The Lansing Center

333 East Michigan Avenue, Lansing, MI



Moving Toward A Better Balance

| *CMH Report to the Community*

## EVENT HIGHLIGHTS

- Exhibits open at 8:30 am
- Books for sale and book signing
- Art display
- Community Mental Health Report to the Community
- Community Service Awards
- Parking validated



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# Intervention: Helping Someone Who Doesn't Want Help

## KEYNOTE SPEAKER: DEBRA JAY

Debra Jay is the author of *No More Letting Go: The Spirituality of Taking Action Against Alcoholism and Drug Addiction*, and co-authored the bestseller, *Love First: A Family's Guide to Intervention*, and *Aging and Addiction: Helping Older Adults Overcome Alcohol or Medication Dependence*.

Ms. Jay regularly appeared on the "Oprah Winfrey Show" for 3 seasons as an addictions expert. She has most recently been seen on "The Dr. Oz Show". She is a nationally renowned public speaker and has been writing a newspaper column on alcohol and drugs since 1996.



**Please register in advance. E-mail Judy Hazle at [hazle@ceicmh.org](mailto:hazle@ceicmh.org) or call 517-346-8238. There is no charge for the presentation or for the breakfast that is provided.**

*This event is a free educational service to the public sponsored by the Community Mental Health Authority of Clinton, Eaton, Ingham Counties and the Capitol Area Health Alliance Mental Health Partnership Council. Contact Judy Hazle if you would like to be a co-sponsor.*